

Terms and Conditions for entering Shine Relief Trust's Zumbathon® charity event.

By submitting your application form you confirm that you understand and agree to abide by the following terms and conditions.

1. Shine Relief Trust Zumbathon® is a fundraising Zumba aerobic dancing event in aid of Shine Relief Trust. It will take place on 10th December 2011 at the Hull Indoor Sports Centre, Hull, on the indoor soccer pitch. Louise Lakeman, a qualified Zumba instructor, will be leading the Zumbathon, giving various options for you to work at depending on your fitness level. The session will be 90 minutes, non-stop Zumba partying, where you can do as much or little as you like so long as you promise to have fun! It doesn't matter if you have been going to a class, or if you are a complete beginner you will soon pick up the steps. All exercise carries with it some risk and you are advised to assess your ability to participate in this event before registering.
2. All participants must be aged 8 or over at the date of application to enter. A parent or guardian must countersign the application of any participant aged under 18 on the event date. Participants aged under 16 must be accompanied by a parent or guardian at the event.
3. Entries must be received by Shine Relief Trust by midday on Friday 2nd December 2011. Shine Relief Trust reserves the right to reject late entries.
4. All participants must include full emergency contact details in their application.
5. Entries should be made on Shine Relief Trust Zumbathon Charity event application form.
6. Participants must pay a non-refundable, non-transferable registration fee of £10.00 at the time of entering.
7. Shine Relief Trust reserves the right to alter, postpone or cancel the event where this becomes necessary as a result of circumstances beyond Shine Relief Trust's reasonable control. Where the event is postponed or cancelled, participants shall be entitled to defer their entry to when the event next takes place or (subject to availability) transfer to an alternative Shine Relief Trust fundraising event.
8. All participants must be fit and healthy to take part in the Zumbathon. Participants take part at their own risk and if unsure as to your suitability you should seek medical advice in advance. All participants are required to confirm and warrant that, to the best of their knowledge and belief, their general state of health is good and that you have no medical condition that could be adversely affected by strenuous exercise or any of the events or activities planned or reasonably expected to be involved in. You will also confirm that you are not taking any medication at present and will not take any medication during the event, which may be affected by your participation in

the ZUMBATHON®. You must take all reasonable steps to ensure your own health and safety when taking part in the ZUMBATHON®. You are obliged to take all reasonable steps to ensure the safety standards and the general appropriateness of activities undertaken during the ZUMBATHON® and acknowledge that all activities are undertaken at your own risk. You must notify Shine Relief Trust of any medical or other condition which may mean that you are unfit for participation in the ZUMBATHON® as soon as you become aware of such a condition.

9. Shine Relief Trust accepts no liability for any injury sustained by any participant save where such injury is caused by the negligence of Shine Relief Trust. Shine Relief Trust accepts no liability whatsoever for any loss of or damage to participant's property which may occur in the course of the event.

10. Shine Relief Trust reserves the right to refuse any entry. Shine Relief Trust's decision shall be final.

11. All participants must wear clothing and footwear which is safe and appropriate to the event. Participants must supply their own clothing and footwear. (No black soled shoes allowed.)

12. Participants should try to raise as much sponsorship as possible for the event. Shine Relief Trust expects each participant to raise a minimum of £20.00 in sponsorship. The Zumbathon is an exclusive Shine Relief Trust fundraising event. Sponsorship monies may not be given to or shared with any other organisation.

13. Participants are encouraged to raise sponsorship on-line through www.justgiving.com where possible. If sponsor forms are used all money should be collected promptly following the event and sent to Shine Relief Trust within 6 weeks of the event. We do not accept cash so please return your sponsor form with a cheque. BACS transfers can be made using your name as reference and scanned sponsor forms can be e-mailed.

14. Whilst participating in the Zumbathon all participants must behave appropriately at all times and do nothing which might adversely affect the reputation of Shine Relief Trust or bring the charity into disrepute. Without prejudice to the generality of the foregoing participants must comply with instructions from the event supervisors and take reasonable care of their own health and safety and that of other participants and spectators. Shine Relief Trust reserves the right to eject any participant whose conduct Shine Relief Trust, in its absolute discretion deems unsuitable.

15. Images may be taken during the event using film photography, digital photograph, video or other media and may be used on our website and in promotional material in any medium. By taking part in the event or attending the event you are deemed to have given your consent, unless you notify Shine Relief Trust of any express objections. In the event that you raise any objections to the use of any image in which you are featured after the event Shine Relief Trust will remove that image from its website and refrain from

any future use of it, but cannot undertake to remove from circulation any printed materials already in use. Shine Relief Trust acknowledges its responsibilities towards children and younger people and will, wherever possible and practicable, refrain from capturing or using their images.

16. By including your details you are consenting for us to use them for the purpose of this event. In future, we may wish to send or contact you with information about our charitable activities, including other fundraising events. Please tick the appropriate box if you do NOT want us to do this:

by mail telephone e-mail

If at any time in the future you decide that you no longer wish to receive mailings or information, please contact Shine Relief Trust on 07762243302 or send an email to deborah@shine-relief.org to be removed from the mailing list.